

2025

ONLINE CLASSES

- TUESDAY MORNINGS
- EVERY FOUR WEEKS
- APRIL 1, 29
- MAY 27, JUNE 24, JULY 22
- 9.30 - 11.00AM UK TIME

STAY FIT -
ENJOY MOVEMENT

MORE
CLASSES

MMM FOR PLEASURE
AND HEALTH

- GENERAL CLASSES FOR EVERYONE
- EXERCISES FROM BASIC AND WHITE
- DEVELOPING TO YELLOW AND ORANGE
- TAUGHT BY GILLIAN

**MARGARET MORRIS MOVEMENT
INTERNATIONAL LTD**

